

# FRUIT & VEGETABLES

# FRESH FRUIT

Please note seasonal availability on fruit & vegetables



## BERRIES

B705	Blackberries	1x125g	A
B244	Blueberries	1x125g	A
B891	Cranberries	1x340g	A
B904	Gooseberries	1x125g	A
B1722	Raspberries	1x125g	A
B175	Redcurrants	punnet	A
B152	Strawberries	1x250g	A



## CITRUS

B193B	Clementines	1x150	A
B706	Clementines Leafy	1x75	A
B069B	Pink Grapefruit	1x45	A
B067B	White Grapefruit	1x40	A
B079C	Lemons	1x35	A
B087C	Limes	1x54	A
B106C	Juicing Oranges	1x88	A
B108B	Large Oranges	1x40	A
B110B	Seville Oranges	1x18kg	A
B106B	Small Oranges	1x72	A
B147B	Satsumas	1x66	A



## EXOTIC

B303B	Coconuts	1x25	A
B313	Medjoul Dates	per kg	A
B075B	Kiwi Fruit	1x30	A
B196B	Kumquats	1x2kg	A
B119C	Mangoes	1x9	A
B111B	Passion Fruit	1x32	A
B134	Paw Paw	each	A
B195	Physalis	punnet	A
B174	Pineapples	each	A
B136	Pomegranates	each	A
B1662	Star Fruit	each	A

**HARD**

B621B	Braeburn Apples	1x13kg	A
B011B	Bramley Apples	1x13.64kg	A
B005B	Coxes Apples	1x12kg	A
B003B	Golden Delicious Apples	1x13kg	A
B009B	Granny Smiths Apples	1x13kg	A
B007B	Red Delicious Apples	1x12kg	A
B122B	Conference Pears	1x12kg	A
B780B	Packham Pears	1x12.5kg	A



**SOFT**

B017B	Apricots	1x3.5kg	A
B156B	Avocados "Ripe & Ready"	1x18	A
B020B	Bananas	1x18kg	A
B046	Cherries	per kg	A
B258B	Damsons	1x4kg	A
B164	Figs	each	A
B1831	Seedless Black Grapes	1x5kg	A
B183B	Seedless Green Grapes	1x5kg	A
B361	Cantaloupe Melon	each	A
B097	Galia Melon	each	A
B093	Honeydew Melon	each	A
B118B	Nectarines	1x22	A
B116B	Peaches	1x26	A
B132B	Plums	1x6kg	A
B145B	Rhubarb (Forced)	1x6kg	A
B100	Watermelon	each	A



**PREPARED**

C05373	Fruit Salad	1x5ltr	A
B05373	Fruit Salad	1x2.5ltr	A
C01582	Grapefruit Segments	1x5ltr	A
C1998	Melon Pearls	1x2.5ltr	A
C1999	Orange Segments	1x5ltr	A
C1997	Orange & Grapefruit Segments	1x5ltr	A
C05375	Tropical Fruit Salad	1x2.5ltr	A



## FRESH VEGETABLES



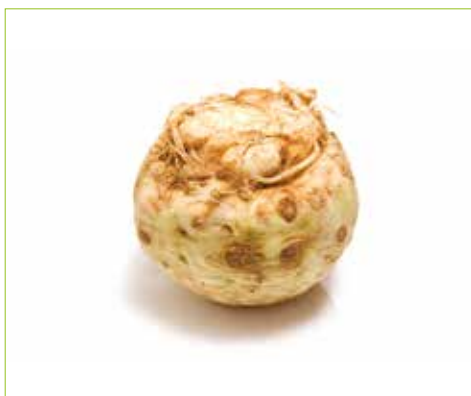
## BABY

B30631	Baby Beetroot	1x200g	A
B3401	Baby Carrots	1x150g	A
B30632	Baby Rainbow Carrots	1x200g	A
B167B	Baby Corn	1x12	A
B054B	Baby Courgettes	1x200g	A
B796	Baby Fennel	1x200g	A
B4012	Baby Leeks	1x200g	A
B2742	Baby White Turnips	1x200g	A



## BEANS &amp; PEAS

B420B	Broad Beans	1x4kg	A
B021B	Kenya Beans	1x1.5kg	A
B169B	Mangetout	1x1.5kg	A
B291	Sugar Snap Peas	1x1.5kg	A



## LEAF

B149B	Brussel Sprouts	1x9kg	A
B032D	Cavolo Nero Black Cabbage	10x250g	A
B101	Hispi Cabbage	1x12	A
B036	Red Cabbage	each	A
B031B	Savoy Cabbage	1x12	A
B0034	Spring Cabbage	each	A
B030	White Cabbage	each	A
B8271	Curly Kale	1x250g	A
B264B	Pak Choi	1x10	A
B861	Rainbow Swiss Chard	1x10	A
B2912	Red Chard	1x500g	A

## SQUASH

B278B	Butternut Squash	1x10kg	A
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## ROOT

B0242	Candy Beetroot	per kg	A
B024B	Cooked Beetroot	1x18	A
B0244	Golden Beetroot	per kg	A
B023B	Raw Beetroot	1x10kg	A
B039B	Carrots	1x10kg	A
B038B	Chantenay Carrots	1x5kg	A
B044B	Mixed Chantenay Carrots	1x5kg	A
B268	Heritage Baby Carrots Bunched	12 bunches	A
B148B	Large Prepping Carrots	1x10kg	A
B036B	Purple Carrots	1x5kg	A
B044	Celeriac	per kg	A
B242	Horseradish	per kg	A
B094	Mouli	per kg	A
B113B	Parsnips	1x5kg	A
B237	Piccolo Parsnips	1x3kg	A
B266	Salsify	per kg	A
B158	Swedes	per kg	A
B159B	White Turnips	1x5kg	A

## STEM &amp; FLORAL

B0021	Asparagus	1x400g	A
B027B	Broccoli	1x6kg	A
B0283	Purple Broccoli	1x3.6kg	A
B1222B	Tenderstem Broccoli	4x500g	A
B042H	Cauliflower	1x8	A
B041B	Romanesco Cauliflower	1x8	A
B050B	Courgettes	1x5kg	A
B900B	Yellow Courgettes	1x5kg	A
B060B	Fennel	1x3kg	A



## SPECIALITY

B286B	Baby Globe Artichokes	1x54	A
B166B	Jerusalem Artichokes	1x5kg	A
B013B	Aubergines	1x5kg	A
B168B	Bean Sprouts	1x12	A
B283B	Fresh Chestnuts	1x5kg	A
B400B	Corn on the Cob (Vac Pac)	12x2	A
B066	Ginger	per kg	A
B1893	Kohlrabi	each	A
B2722	Samphire	1x100g	A



## ONION &amp; BULBS

B072B	Garlic	1x4kg	A
B071	Garlic Rope	each	A
B077B	Leeks	1x4.5kg	A
B101C	Large Onions	1x20kg	A
B700B	Pickling Onions	1x10kg	A
B101B	Small/Medium Onions	1x18kg	A
B124	Red Onions	per kg	A
B104	Spring Onions	bunch	A
B095B	Shallots	1x4kg	A
B094B	Banana Shallots	1x4kg	A



## POTATOES

D014	Baking Potatoes	1x60	A
D015	Baking Potatoes	1x50	A
D013	Baking Potatoes	1x40	A
B140C	Mid Potatoes	1x10kg	A
B138B	McClures Local Potatoes	1x25kg	A
B750B	Ratte Potatoes	1x5kg	A
B311B	Red Skin Potatoes	1x20kg	A
B188B	Sweet Potatoes	1x6kg	A
B751B	Uncle David's Potatoes	1x25kg	A
B051B	Vitelotte Potatoes	1x5kg	A
B140B	Washed White Potatoes	1x20kg	A



## MUSHROOMS

B238B	Breakfast Mushrooms	1x1.8kg	A
B052	Brown Cap Chestnut Mushrooms	1x2.27kg	A
B249B	Button Mushrooms	1x2.27kg	A
B299	Girolle Mushrooms	per kg	A
B234B	Grey Oyster Mushrooms	1x1.36kg	A
B049	King Oyster Mushrooms	1x1kg	A
B307B	Portobello Mushrooms	1x1.5kg	A
B303	Shitake Mushrooms	per kg	A
B211B	Mixed Wild Mushrooms	1x1kg	A





## PEPPERS & CHILLIES

B1891	Green Chilli Peppers	1x3kg	A
B189B	Red Chilli Peppers	1x3kg	A
B191	Scotch Bonnet Chilli Peppers	per kg	A
B126B	Green Peppers	1x5kg	A
B128B	Red Peppers	1x5kg	A
B130B	Yellow Peppers	1x5kg	A



## TOMATOES

B153B	Tomatoes 57/67	1x6kg	A
B412B	Tomatoes on the Vine	1x5kg	A
B185B	Beef Tomatoes	1x7kg	A
B193	Red Cherry Tomatoes	1x250g	A
B243B	Heritage Tomatoes	1x3kg	A
B413B	Pearl Tomatoes on the Vine	1x3kg	A
B251B	Plum Tomatoes	1x6kg	A



## SALAD LEAVES & CRESS

B037B	Celery	1x12	A
B047B	Chicory	1x5kg	A
B186B	Red Chicory	1x3kg	A
B063B	Mixed Sakura Cress	1x16	A
B056B	Salad Cress	1x12	A
B054C	Cucumbers	1x12	A
B052B	Curly Endives	1x10	A
B250B	Baby Gem Lettuce	10x2	A
B265B	Cos Lettuce	1x10	A
B083B	Iceberg Lettuce	1x12	A
B190B	Lollo Rosso	1x12	A
D3073	Mixed Baby Salad Leaves	1x500g	A
D3071	Mixed Shredded Salad Leaves	1x500g	A
B1173	Pea Shoots	punnet	A
B064	Afilia Living Pea Shoots	1x16	A
B141B	Radish	1x20	A
B821	Wild Rocket	1x500g	A
B814	Wild Rocket	1x100g	A
B406	Baby Spinach	1x200g	A
B155B	Watercress	8x100g	A



## PREPARED

D100	Prepared Asian Slaw Mix	1x1kg	A
D080	Prepared Beet Slaw	1x1kg	A
D072	Prepared Cannon Beetroot (30x40mm)	each	A
D062V	Prepared Broccoli Florets	1x5kg	A
D057	Prepared Diced Butternut Squash	1x5kg	A
D055V	Prepared Shredded Green Cabbage	1x5kg	A
D055	Prepared Shredded Green Cabbage	1x2.5kg	A
D056	Prepared Shredded Red Cabbage	1x2.5kg	A
D045	Prepared Shredded White Cabbage	1x2.5kg	A
D027V	Prepared Carrot & Swede Mix	1x5kg	A
D027	Prepared Carrot & Swede Mix	1x2.5kg	A
D024V	Prepared Baton Carrots	1x5kg	A
D024	Prepared Baton Carrots	1x2.5kg	A
D025V	Prepared Chunky Carrots	1x5kg	A
D022V	Prepared Diced Carrots	1x5kg	A
D022	Prepared Diced Carrots	1x2.5kg	A
D052	Prepared Grated Carrots	1x2.5kg	A
D020V	Prepared Sliced Carrots	1x5kg	A
D020	Prepared Sliced Carrots	1x2.5kg	A
D023	Prepared Turned Carrots	each	A
D018V	Prepared Whole Carrots	1x5kg	A
D018	Prepared Whole Carrots	1x2.5kg	A
D039V	Prepared Cauliflower	1x5kg	A
D051V	Prepared Coleslaw Mix	1x5kg	A
D051	Prepared Coleslaw Mix	1x2.5kg	A
D063	Prepared Red Coleslaw Mix	1x2.5kg	A
D056V	Prepared Garden Vegetable Mix	1x5kg	A
C0109	Prepared Peeled Garlic	1x1kg	A
D054V	Prepared Sliced Leeks	1x5kg	A
D054	Prepared Sliced Leeks	1x2.5kg	A



PREPARED - CONT

D041V	Prepared Diced Onions	1x5kg	A
D041	Prepared Diced Onions	1x2.5kg	A
D040V	Prepared Sliced Onions	1x5kg	A
D040	Prepared Sliced Onions	1x2.5kg	A
D047V	Prepared Whole Onions	1x5kg	A
D0404	Prepared Diced Red Onions	1x5kg	A
D0402V	Prepared Sliced Red Onions	1x5kg	A
D0402	Prepared Sliced Red Onions	1x2.5kg	A
D0403	Prepared Whole Red Onions	1x2.5kg	A
D036V	Prepared Baton Parsnips	1x5kg	A
D037V	Prepared Quarter Parsnips	1x5kg	A
D064	Prepared Sliced Peppers	1x2.5kg	A
D003V	Prepared 15mm Chipped Potatoes	1x5kg	A
D071	Prepared George & Dragon Chips (Handcut Chunky Skin On)	1x5kg	A
D006	Prepared Jenga Chips	1x5kg	A
D058	Prepared 20mm Machine Cut Chips	1x5kg	A
D015V	Prepared Cannon Potatoes (80x40mm)	each	A
D004V	Prepared Diced Potatoes (15x15mm)	1x5kg	A
D004	Prepared Diced Potatoes (15x15mm)	1x2.5kg	A
D012V	Prepared Flat Round Fondant Potatoes (60x30mm)	each	A
D042V	Prepared Flat Round Fondant Sweet Potatoes (60x30mm)	each	A
D011V	Prepared Pomme Chateau Potatoes (Turned) (30mm Base x 75mm High)	each	A
D010	Prepared Parisian Potatoes (Spheres)	1x2.5kg	A
D002V	Prepared Peeled Potatoes	1x5kg	A
D002	Prepared Peeled Potatoes	1x2.5kg	A
D086V	Prepared 1/4 Cut Peeled Potatoes	1x5kg	A
D008V	Prepared Peeled Potatoes Maris Piper	1x5kg	A
D009V	Prepared Peeled Uncle Davids Potatoes	1x5kg	A
D001V	Prepared Baby Roast Potatoes	1x5kg	A
D005V	Prepared Sliced Potatoes (5mm Thickness)	1x5kg	A
D005	Prepared Sliced Potatoes (5mm Thickness)	1x2.5kg	A
D003	Prepared Sweet Potatoes	1x5kg	A
D028	Prepared Ratatouille Mix	1x5kg	A
D0412V	Prepared Peeled Shallots	1x5kg	A
D059V	Prepared Soup Mix	1x5kg	A
D059	Prepared Soup Mix	1x2.5kg	A
D061V	Prepared Winter Soup Mix	1x5kg	A
D061	Prepared Winter Soup Mix	1x2.5kg	A
D066	Prepared Stir Fry Mix	1x2.5kg	A
D030	Prepared Diced Swede	1x2.5kg	A



Please speak to a member of Customer Services or your Account Manager to find out about availability of other products.

## HERBS



B815	Basil	1x100g	A
B826	Bay Leaves	1x100g	A
B809	Chervil	1x100g	A
B844	Chives	1x100g	A
B816	Coriander	1x100g	A
B804	Dill	1x100g	A
B871	Lemon Grass	per kg	A
B818	Mint	1x100g	A
B811	Oregano	1x100g	A
B115	Parsley	per kg	A
B8270	Flat Leaf Parsley	per kg	A
B841	Rosemary	1x100g	A
B840	Sage	1x100g	A
B870	Tarragon	1x100g	A
B817	Thyme	1x100g	A



## MICRO HERBS



B074 Micro Red Amaranth

B808	Edible Flowers	punnet	A
B074	Micro Red Amaranth	punnet	A
B810	Micro Green Basil	punnet	A
B139B	Micro Celery	punnet	A
B065	Micro Coriander	punnet	A
B067	Micro Fennel	punnet	A
B173	Micro Ice Lettuce (Pre-Order Only)	punnet	A
B069	Micro Lemon Balm	punnet	A
B073	Micro Mixed Leaf	punnet	A
B133B	Micro Nasturtium Flowers	punnet	A
B908	Micro Nasturtium Leaf	punnet	A
B063	Micro Popcorn Shoots	punnet	A
B059	Micro Sea Rosemary	punnet	A
B091	Micro Salty Fingers	punnet	A
B113	Micro Marsh Samphire	punnet	A
B122	Micro Rock Samphire	punnet	A
B215	Micro Sea Purslane	punnet	A
B078	Micro Red Vein Sorrel	punnet	A
B079	Micro Viola Flowers	punnet	A
B081	Micro Watercress	punnet	A



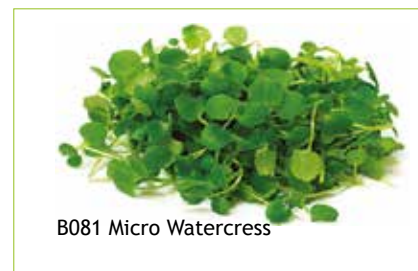
B067 Micro Fennel



B069 Micro Lemon Balm



B215 Micro Sea Purslane



B081 Micro Watercress



B113 Micro Marsh Samphire

*Full range of micro herbs available to order.  
Please speak to your account manager for more details.*